

## CICA Knowledge is Helpful

“CICA has been very helpful to me in filing for a fair hearing to restore my hours. It started in 2012 when IHSS was being cut and my Social Worker had been reassigned and a new one was assigned to my case. In the process vital information was lost and my hours were reduced from the maximum of 283 to 273 hours. It was found after filing a fair hearing they did not consider my unmet needs of 168 hours. My hours should not have been reduced but remained at the maximum of 283. With the knowledge shared by our CICA President, I was able to restore my hours and identify unmet need hours not considered earlier. I am grateful to the knowledge gained from those who participate in CICA!”

Andy Bushkamp  
McKinleyville, California



**CICA holds monthly informational calls and all recipients are invited to participate!**



## CICA's Mission

California's seniors and individuals with disabilities have a right to lead empowered, independent lives. The California IHSS Consumer Alliance (CICA) is a statewide collaboration of IHSS Public Authority Advisory Committees and Governing Board members. CICA provides educational material, information, and networking opportunities for members to fulfill their mandate to advise on improvements to the IHSS program. CICA also assists in developing Advisory Committees and Governing Boards to their highest potential. CICA encourages participation from members of the Advisory Committees to individual Recipients of the IHSS program.



**California In-Home Supportive Services Consumer Alliance**



735 Street Unit #C4  
Eureka, CA 95501\_

<http://www.cicaihss.org/>

**The Voice of California IHSS Consumers**

## ACCOMPLISHMENTS

**CICA** has been “at the table” in state legislative debate, hearings, meetings with legislators, and is a central player in IHSS advocacy efforts.

**CICA** now serves on and plays leadership roles in leading disability and senior organizations:

- ✓ Universal Assessment Committee for the Coordinated Care Initiative
- ✓ CA Collaborative on Long-Term Services and Supports
- ✓ IHSS Coalition
- ✓ CARA (CA Alliance for Retired Americans)
- ✓ CA Olmstead Committee

**CICA** successfully called for consumer involvement in all administrative discussions on the Coordinated Care Initiative.

**CICA's** Statewide Membership Calls on the 3rd Wednesday are garnering more and more participants going from 10 people to over 50 people in some months.

<https://www.facebook.com/CICAhome>

**CICA** keeps members involved, informed, and up-to-date on issues including IHSS, state budget issues, Department of Labor regulations, and other issues impacting IHSS recipients.

**CICA's** annual meeting via teleconference in April involved over 30 counties to set goals for the year.

**CICA's** monthly Executive Committee Conference set priorities and strategies for organizational issues and issues.

**CICA** actively engaged our members and participated in Disability Capitol Action Day (DCAD) sponsored by CFILC (CA Foundation of Independent Living Centers) in May.

**CICA** updated and expanded its website, e-mail blasts, and Facebook page with consumer information and action materials.

***Connecting with IHSS Consumers, Advisory Committees and Governing Boards through Advocacy, Education and***

## CICA Executive Committee

**Cindy Calderon, CICA President;**  
Humboldt County IHSS Advisory Committee

**Janie Whiteford, CICA Vice-President;**  
Santa Clara County IHSS Advisory Committee

**Chris Otero, Treasurer;** LA County PASC Governing Board

**Michelle Rousey, Executive Secretary;**  
Alameda IHSS AC

**William Reed, Northern Region VP;**  
Placer Co. IHSS Advisory Committee

**Jan Clark – Valley Mountain Region VP;**  
Calaveras Co IHSS Advisory Committee

**Janet Heinritz-Canterbury, Consultant;**  
MSW, Los Angeles, California

**Brad Toy, Central Valley Regional VP;** Yolo County IHSS Advisory Committee Chair

**Randi Bardeaux, Southern Region VP;**  
PASC Governing Board Chair (LA)

**Michael Condon, Consultant;** San Diego

**Joey Riley, Consultant;** San Diego

**Charlie Bean, Executive Director,** Humboldt

***Working for independence and dignity in our own homes!***