

**CICA Statewide Call
March 16, 2016**

10 a.m. to 11:05 a.m.

Notes

Roll: Cindy Calderon, Jimenez Modesta, Tony Anderson, Joe Samora, Rick Simonson (Sac), Felice Connolly, Michele Geving, Becky Stockton, Jene McCovey, Kristine, Loomis, Janie Whiteford, Linda Roberts (Shasta AB), Elaine Paoli, Janet Clark, Paula Herman, Deborah Kindle, Bonnie Newman, Sarah May, Mark Beckham, Paul Van Doren, Heidi Aharonian, Charlie Bean, Lena Berlove, Sandy Hilton (Solano), and 2 blocked number, and 2 unidentified callers.

CICA is working on finalizing plans for the CICA 2nd Annual Summit, May 25, 2016. Will be holding it at the Pagoda Building. Hope to hold part of the Summit outside; need to work with City of Sacramento for this. At this time there are no fees to attend, but participants will need to pay for their lunches. **This has been cancelled along with DCAD.**

It was asked, if anyone on the call attended any of the hearings?

It was noted that CICA has created 19 questions pertaining to the implementation of the FLSA Overtime and other changes that went into effect February 1, 2016. Hope to mail this out the beginning of next week.

Michele, in San Diego there have been a lot of problems and people are confused about timesheets.

What are the protocols in place to help consumers? UDW has taken to helping with this, our PA has a call line for questions for people and IHSS office has a call line for recipients.

Kristine mentioned she had shared the questions with her Advisory Board since they only meet quarterly. Riverside gave a report out and the change has been going smoothly. The Union has been working on this. Riverside has dedicated trained staff and phone lines for answering questions. It was agreed to by Pail things were going smoothly.

Sarah mentioned it would be great to get these questions prior to the next meeting in April. She is in Chico. **Mailed this to her March 17th.**

It was felt that the questionnaire should go to the PAs in advance. Give them advance warning of what may be coming and asked of the Advisory Boards/Committees.

Janie shared that CICA will be holding its annual meeting as required by its bylaws. It is requested paid members of County Advisory Boards have one member attend this annual meeting by phone. It will be held April 20, 2016, from 11 a.m. to noon (this follow the Statewide Call from 10 a.m. to 11 a.m.). It is important for those member counties to choose who will be your representative (one vote per Member County).

April 20th Statewide call the subject will be about Waivers.

Janie announced that CICA would like to begin including different populations that are not often included in our conversations, such as the Intelligent and developmentally disabled (IDD) which Tony Anderson will talk about today. Also she suggested in the future to have a guest speak about dementia and other items related to this. It is hoped if there are subjects participants wish to know more about they would suggest them. You can send your suggestions to info@cicaihss.org

Blind and Visually Impaired is one for future discussion.

Traumatic Brain Injury

Mental Illness – various types

Awareness of needs and support – (Protective Supervision)

How many AB have individuals with Developmental disabilities serving on the Board – Lena noted they have someone from the Regional Center serving on Orange County's AB.

It was noted also that CICA is hoping to update it website. It is wished folks share information with CICA in the way they may do things. It will be posted under the County it is received from. Kristine shared it would be nice to share "Best Practices" on how individual counties or individuals accomplish program work and so forth. Sharing information is a positive way to educate and help our program run smoother.

Elaine from Napa, are there our AB that have their own websites? Need to look this up Chas.

It was noted some Abs share space on their counties website.

Tony Anderson, called in from his office. Executive Director of Arc of California. It's an association of parents of children with developmental disabilities with the main focus on support. They are also affiliated with United Cerebral Palsy organization.

Below is from ARC's Website: <http://www.thearc.org/who-we-are/mission-and-values>

Mission Statement of Arc: "The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes."

Guiding Principles

Participatory Democracy

The Arc acts to ensure that people with intellectual and developmental disabilities, their parents, siblings, family members and other concerned members of the public have meaningful opportunities to inform and guide the direction of the organization's advocacy, including determining policy and positions on important issues. The Arc strives for diversity in its leadership, as well as in all facets of the work of the organization.

Visionary Leadership

The Arc leads by articulating a positive vision for the future of people with intellectual and developmental disabilities and catalyzes public and private support in realization of that vision through carefully planned and well-executed goals, strategies and actions.

Public Interest

The Arc represents the public interest, supporting and acting with and on behalf of all people with intellectual and developmental disabilities and their families regardless of the type of disability or membership in The Arc.

Collaboration

The Arc works with individuals, organizations and coalitions in a collaborative fashion. The Arc values and promotes effective partnerships between volunteer and staff leadership at all levels of the organization.

Tony shared they work strongly Bills that protect individuals from crimes against people with disabilities. It is believed that individuals with IDD are victims 10 times more than others of crime and they are working on improving protection laws. They also work with those with DD that have got mixed up with criminal activity. They work with many programs, like it is known that 20% of the population has some mental health concerns. They have also been working more and more with individuals at home mainly because of aging care providers; look in what ways we can be done to support them more. Working with seniors it is believed that here is 100,000 living at home and with aging care providers news challenges are being presented. Looking for how they can help care providers.

A main area of work as seen by Arc is the collapse of the community system and the services offered to individuals who need them. They know of 20,000 individuals in the State not receiving services and much of this is due to closures of services throughout the State. The service system is not meeting their needs. There are many organizations going out of business who provide services and this is a part of Arc's work to stop this trend.

They work in collaboration with a variety of groups, one of the biggest is the [Lanterman Coalition \(Lanterman Act\)](#). This is about 20 statewide organizations. Endorse the community imperative believing that people belong in the community, not in institutions and support in-home care services.

Each year they respond to cuts to programs that support services of the DD community. The idea is to each January attack the cuts being proposed and why they should not be made.

There have been 50 different changes to the Lanterman Act and though they seemed small, they had great effect on services. One of the big concerns the coalition has are the State Mental Health Institutions. Yes, they are being closed, but it is important to keep the funding from the closures in place and available to families who care for people with disabilities and to stress the integration of these people into the community. The Governor has made a good decision in closing the institutions, but to just close them and not provide services in the community is what is being fought.

In the past it was planned to just close the state institutions but it did not fund the services needed for individuals to stay in their homes. This has changed and is a big part of the advocacy to go with the closing of the institutions but keep the funding to assist individuals to be able to stay in their homes. This meant to have placement services in place as they close institutions.

They are spending 10% less than they did prior to the recession and the full funding is being fought for. Rates are also being worked on to increase and meet the needs of services being offered. Rates figures used are old and out of date not meeting the needs of services needed today.

In their new way of addressing the problem of funding they needed to get an early start and have representatives be more aware of the needs and this began in 2014. This approach proved to be good enabling the budget talk to be more centered on the needs of the Developmental Disabled Community; this kept the program up front and ahead for future needs in 2015. This time the Budget committees took DD items as main topics as agenda items – much of this came from involvement and use of Social Media. Through this ground work, it became a part of the political movement involving representations from both parties.

In the end, because of the work done, the DD system got \$300 million from the State's General fund with the Federal match bringing the total to nearly \$600 million. This part a 5% increase in rates for in-home supportive

services and respite services; on top of that they got a wage increase of 7.5% for providers; then a 2.5% increase on the admin side of the services; they got Supportive employ was cut in 2006 and this was brought back to where it was. They also got money to address the ethic disparities.

How many of your consumers use IHSS? No numbers but is about 20% of the community. Just over 50% of the total population allow it. Total community is about 300,000. Many of folks have protective supervision so they have the maximum hour.

Institutional Deemed: That is what qualifies one to be on the waiver. They have to show they have terrible health and show they would be in danger. It has to show they need institutional care and this is waved to get Protective Services.

ADRC: Aging & Disability Resource Center is an organization they are working with. They are trying to get more information out about programs for disabled throughout the community and how to prepare for the loss of a care provider and what is it the recipient should do. It was noted they are still finding individuals with DD that have never been outside their homes or gone through the educational system. This makes it difficult to serve some and prepare for the loss of the care provider.

It is often discovered during a crisis there are individuals who are DD at home and no one has prepared for the loss.

Center for Future Planning; <https://futureplanning.thearc.org/> This is a fairly new program to assist in making future arrangements in one's life.