



SENIOR LEADERSHIP ACADEMY
Coming to Buena Park (Orange County) on
November 16th & 17th, 2015 (10am-4pm)
FREE for CARA Members/Affiliates
\$50 for the public

Why: The days ahead will require strong leadership and committed partnerships to win real health care reform, protect essential services, preserve Social Security and Medicare, and address the concerns of seniors at the state and national level. The CARA Education Fund created the Senior Leadership Academy to help us learn the skills to be better prepared for the challenges ahead.

What: Workshop sessions are designed to be informative, interactive, and fun! During the course of the training, you will assess your leadership style, learn how to take your issue to policymakers and the media, practice your public speaking skills, and use social media to make your message heard. And you will share your insights and experiences with others as you work to build the strength of CARA and our partnering organizations.

Who Can Attend: CARA Members and Affiliates, Senior and Disability Advocates and Activists. Members of the public who are not affiliated with CARA are welcome but must pay \$50 to CARA.

Cost: This training is FREE – thanks to a grant from the Thomas Long Foundation. Refreshments and Lunch will be provided on both days, along with training materials. Space is limited so you must register using the form below by November 1st, 2015. The UFCW hall has plenty of free parking. For those who do not want to drive back and forth each day, CARA has reserved a block of rooms at the Knotts Berry Hotel, which is less than a mile away. You must pay for these on your own, but you will get the CARA reduced rate. Call CARA at 510-663-4086 if you would like one of these rooms.

I want to sign up for the Senior Leadership Academy
Monday and Tuesday, November 16th and 17th, from 10am - 4pm
UFCW Local 324, 8530 Stanton Ave., Buena Park, 90620

Name: _____
 Organization: _____
 Address: _____ Zip: _____
 Phone: _____ email: _____

____ Enclosed is \$50 (made payable to CARA) for non-CARA Members.

You must rsvp by November 1st, 2015 to assure a space by sending this form to: CARA, 600 Grand Avenue, Suite 410, Oakland, CA 94610. *Space is limited, so please respond soon.* For more information, call CARA at 510-663-4086. www.californiaalliance.org.